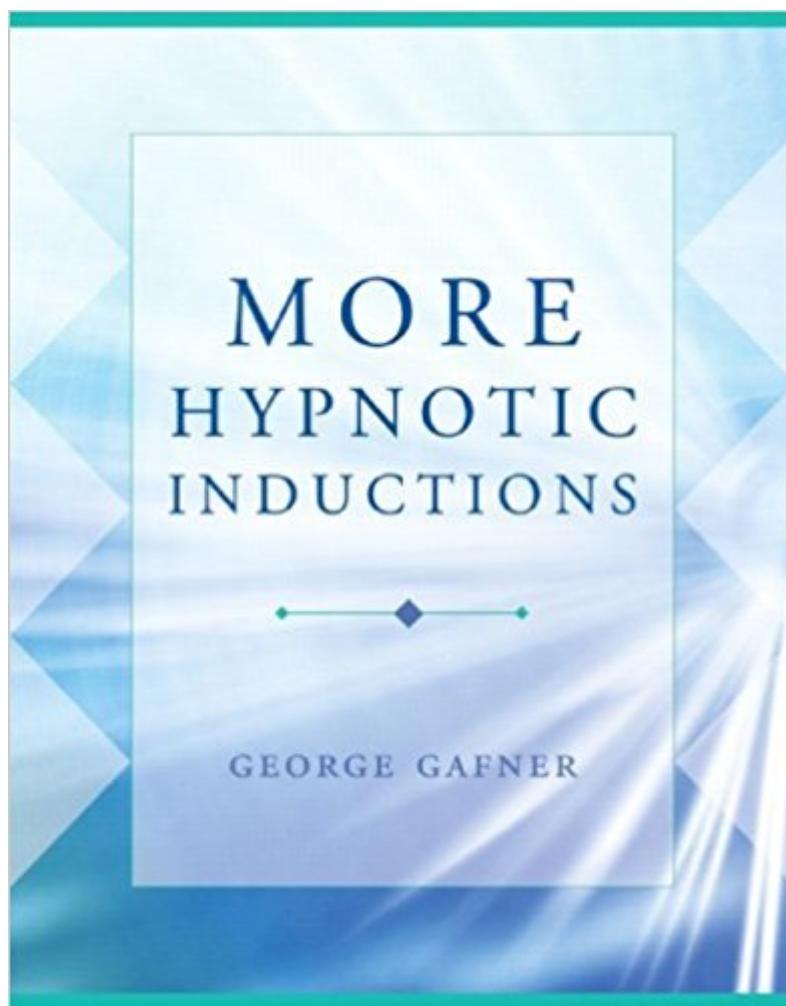


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More Hypnotic Inductions (Norton Professional Books (Hardcover))



Synopsis

George Gafner's *Handbook of Hypnotic Inductions* provided clinicians with inductions ready-made for practice. Here, in response to the overwhelming success of that book, he provides more brand-new inductions for the beginning and advanced hypnotherapist. After briefly summarizing the theoretical foundations of hypnosis, Gafner presents the inductions in five main categories: story inductions, inductions for sleep, inductions for children, directive inductions, and confusional inductions. Detailed scripts for inducing the hypnotic state are presented, as well as strategies for deepening, re-alerting, and debriefing—all followed by insightful clinical comments, making this book a comprehensive and invaluable hypnosis resource for clinicians.

Book Information

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George Gafner, M.S.W., L.C.S.W., is director of the hypnosis training program and director of the family therapy training program at the Southern Arizona Veterans Affairs Health Care System, Tucson. He is the author of *Clinical Applications of Hypnosis* and co-author (with Sonja Benson) of *Handbook of Hypnotic Inductions and Hypnotic Techniques: For Standard Psychotherapy and Formal Hypnosis*.

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